

## **2020 TN HEAT CHEERLEADING & DANCE TEAM INFORMATION**

### **ELIGIBILITY:**

All homeschooled girls entering grades 6<sup>th</sup>-12<sup>th</sup> for the 2020/21 season are eligible to audition.

### **MAKING THE TEAM:**

\*Auditions will be done by video submission. (\*see *Tryout Material below*).

\*Sunday, April 5<sup>th</sup> - AUDITION VIDEOS & APPLICATIONS due (by midnight) to be considered.

\*4/7 - 4/9, Call-backs - as needed, via online format. (Only some may be asked for a call-back).

\*Monday, April 13<sup>th</sup> (by 5pm), with notification of the team roster.

### **TRYOUT MATERIAL:**

Tryout material will be posted online. Each girl will need to log in to learn the material required for tryouts. This material is what you will perform and submit as your tryout via video.

1. APPLICATION due by Sunday, 4/5/20, no later than midnight. The APPLICATION can be found at <https://forms.gle/pN6C5a51Lsx1zEQWA>

2. Go to <https://vimeo.com/tnheat/albums> . Click on either the showcase **2020 Cheer Tryout Material** (for Cheerleading) OR **2020 Dance Tryout Material** (for Dance Team) depending on which team you wish to be considered for. *If you are trying out for both you will need to go to both albums.* The password is **tryout**. Please watch and learn the material in all of the videos found in this album.

3. Submit audition videos to [coachkristiscott@gmail.com](mailto:coachkristiscott@gmail.com) no later than **Sunday, April 5<sup>th</sup>** (by midnight). Please record videos separately & send a separate video for each item that is listed on the Vimeo site. (ex: cheer video, dance video, toe touch video, high kicks video, etc.) You may send these via a YouTube or Vimeo link if you have difficulty emailing a video. Longer videos may be difficult to send in a normal attachment. Please make sure the SUBJECT LINE of your email lists the name of the athlete and which team they are auditioning for. (Ex: Subject: Sally Smith – Dance, or Tina Turner – Cheer, or Cindy Lou – Both).

### **Additional Info Regarding Our Use of Vimeo:**

- This is the process that most of our material is learned. You will need to become comfortable and disciplined to learn the material online at home. Practice time will not be used for learning material, rather correcting/perfecting routines, improving skills/technique, etc.
- Anyone not prepared for practice are subject to sitting out of practice/games/performances, suspension, or dismissal from the squad. Ladies will not be allowed to perform if they do not know the material at a performance level.

- Using this platform allows for more effective & efficient team practices, as well, as instills self-discipline in our ladies while providing guided, home practice sessions for improved technique, strength, and cardio-respiratory health.

**MANDATORY FORMS (due once you've made the team):**

\***Required Athlete Forms** must be completed online at <http://tnheatsports.com/forms/players/> PARENTS & ATHLETES must read through each section listed, including the parent/player agreement, then complete and submit the final section. **MUST BE COMPLETED PRIOR TO PRACTICE ON MAY 7, 2020.**

- An additional **Cheer/Dance-Code-of-Conduct form** is to be printed, signed, and turned in to Coach Kristi and will be due along with your sports physical on May 7, 2020.
- **Sports physicals** are required and may be completed after May 1, 2020 to be up-to-date. These must be turned in to Coach Kristi and will be kept on file with the Heat organization. If you do any other sports, this physical form will be sufficient for the 2020/21 school year. **You MUST have this turned in by May 7, 2020** when our official team practice begins. You will NOT be allowed to continue forward until turned in.
- Cheerleaders/Dancers will NOT be allowed to participate in practice if Required Athlete Online Forms, Cheer/Dance-Code-of-Conduct Form, & Sports Physical Form have all been completed/turned in.

**COMMUNICATION:**

\*Email is primarily how communication takes place. Please verify your email address is listed correctly on your application.

\*BAND APP – Cheerleaders and Dancers are invited to join a private group using the BAND APP that I monitor. This allows the team to communicate, post pictures/videos, ask questions, and encourage each other. This can be downloaded on most all devices. All communication must be kept positive and encouraging.

**PRACTICE:**

\*Refer to separate practice schedule found on the Heat website at <https://tnheatsports.com/sports/cheerleading/>. Note this is a tentative practice schedule, but we will try to stick to it as closely as possible. Typically location will be at Charlie Daniels Park/MJ Community Center. Other locations may also be utilized as necessary. Our practices will be Thursday mornings. We will likely also be using platforms such as ZOOM to hold some face-to-face practices outside of our regular Thursday practice times as needed.

**FUNDRAISERS:**

\*Fundraisers are available to cover cheer/dance fees. Fees must be paid up front, therefore, any fundraising money earned is used to reimburse the cheerleader their cheer fee. Our Football/Cheer/Dance programs sell FOOTBALL/CHEERLEADER BANNER SPONSORSHIPS. We have a \$250 sponsorship level and a \$500 sponsorship level. Athletes earn 50% back on each sponsorship. Our athletes are the first in the area to begin requesting sponsors each year and

have a great opportunity to cover ALL of their fees using this option!!

\*Other fundraisers are invited for suggestion. Please note that if you have an idea for other fundraisers you may be asked to organize it.

**PARENT HELP:** Parents will be required to help with Homecoming week, set up/clean up/etc. @ home football games.

## **PERFORMANCE:**

### CHEER

\*We will cheer for football during our fall season. These will consist of home games and away games. Possible outreach opportunities. Possible competition in Nashville. *Tentative* Football Schedule may be found at <https://tnheatsports.com/sports/football/>

### DANCE

- \*We will dance for home football games during our fall season. (Typically August – October).
- \*We will dance for a few select home basketball games. (Likely in Dec/Jan)
- \*We will compete at competitions (currently 2 selected)
- \*Possible outreach opportunities.

### CHEER/DANCE COMBO

- \*We will cheer for home & away games during our fall season.
- \*We will dance for home football games during our fall season.
- \*We will dance for a few select home basketball games.
- \*We will compete at dance competitions (currently 2 selected) & possibly 1 cheer competition
- \*Possible outreach opportunities.

## **COMPETITION:**

### DANCE TEAM:

This year the intent is to compete in two dance competitions. The date/locations of these events will not be announced until sometime in August when the Competition Organizers release the schedule. I am anticipating competitions falling during early November, January or February. The possible away locations may include Kentucky, Alabama, or Georgia & may require an overnight stay the night before the event. We will plan to have 2 competition routines at each competition.

### CHEER TEAM:

I am considering a competition in Nashville offering a “GAME DAY” option of genre. I will explore this more and make a decision on this at the end of the summer when official competition info is released from organizers.

## **UNIFORMS:**

\*Cheerleaders/Dancers will get to keep their uniforms, bows, poms, dance shoes, & hoodie/jacket. If a uniform is damaged or no longer fits properly during the season, it is at the expense of the dancer to purchase a new uniform, including any shipping fees, etc.

**FEE SCHEDULE:**

*(Must be paid on time to receive uniforms.)*

*(Checks made to TN Heat Cheerleading)*

CHEER - \*May 7<sup>th</sup> - \$475

DANCE - \*May 7<sup>th</sup> - \$475

\*Then \$75/month, due on the 1<sup>st</sup> practice of each month from July-January.

CHEER/DANCE COMBO - \*May 7<sup>th</sup> - \$700

\* Then \$75/month, due on the 1<sup>st</sup> practice of each month from July-January.

**ADDITIONAL ITEMS REQUIRED (not included in fees):****CHEER**

Solid White Athletic Shoes (any brand) (no canvas shoes)

Low, No-Show White Socks

Black leggings for cold weather games (Walgreens has fleece lined for very cheap)

Travel Expenses including transportation/accommodations

Meals at games/events

**DANCE**

Flesh colored Dance Tights (Convertible or ankle)

Travel Expenses including transportation/accommodations for competitions

Meals at games/events

Jazz shoes (Color/Style TBD).